

The O-wareness Card

The Signs

See your doctor if these symptoms are new or unusual and occur more than 12 times during one month.

- Bloating
- Difficulty eating or feeling full quickly
- Pelvic or abdominal pain
- Urinary frequency or urgency

The Facts

- **No current test**, including the Pap test, can detect ovarian cancer.
- 93% of women survive 5+ years when ovarian cancer is caught in Stage I.
- Family history of breast or ovarian cancer increases risk.
- Women over 40 are at greater risk.



JUDY'S MISSION
to end ovarian cancer

Increasing awareness.

Advocating early detection.

Breaking the silence.

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